

May

18

May

24

Scottish Learning Disability Week 2020 will happen from Monday 18<sup>th</sup> – Sunday 24<sup>th</sup> May



The Scottish Commission for Learning Disability is the organiser of Scottish Learning Disability Week



This year the theme for Scottish Learning Disability Week will be my environment My place

My planet



Wherever you live in Scotland



We want you to think about how to help the environment where you live



We also want you to think about the environment in general



SCLD thinks that we all should have a say in how we protect both the environment where we live and the planet



When we say my place we mean where you live and the environment around you



When we say my planet we mean the environment outside where you live like other countries and the whole world



Climate change is when the environment around us changes for the worse because of things that humans do.



Think about



We have some ideas to get you thinking about how you can help the environment



What do you recycle?



What do you do with your leftover food? Do you use a food waste bin?



What do you do with your old clothes?



How often do you wash your clothes?



What do you do if something breaks?

Do you fix it or throw it away?



If you can do you use public transport and walk to places you need to go?



Do you use a water bottle that you can refill and use more than once?



If you go to a coffee shop do you use a cup that you can use more than once?



How can you help protect nature where you live?



## Could you help get rid of litter?



Have you ever joined a protest about the environment?



Have you ever spoken to your local councillor or MSP about how we can help the environment?

We want people to tell us how people with learning disabilities are helping their local environment and the planet



We will be sharing stories from people across Scotland during the week



Scottish Learning Disability Week 2020 is a chance to share the stories of people with learning disabilities getting involved and helping our environment



SCLD wants to let people know what people with learning disabilities are doing to help our environment

## What can I do just now?





Put the dates in your diary

Monday 18<sup>th</sup> May till Sunday 24<sup>th</sup> May 2020



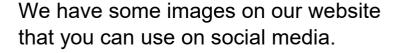
Talk to people who might be able to help you to do something to celebrate.



Help us by telling as many people as possible about learning disability week.

## If you use social media like Facebook or Twitter you can share information about Scottish Learning Disability Week









You can find these images at <a href="https://www.scld.org.uk/scottish-learning-disability-week-2020/">https://www.scld.org.uk/scottish-learning-disability-week-2020/</a>



You can use the hashtag #LDWeek2019 in posts about it too

## Get involved packs





We will have packs to help you to get involved during the week.



The packs will be sent out in January 2020



The packs have things in them to help you to take part in Scottish Learning Disability Week.



If you want to order a get involved pack please get in touch with SCLD.



Email admin@scld.co.uk



Phone 01412483733



You will need to tell us your name and address.



The packs will be posted out in the middle of January

