



## **What happened at the Expert Group?**

**Wednesday 8<sup>th</sup> May 2019**

The meeting was in The Melting Pot in Glasgow.

The group heard about a meeting that some of the members had with the Independent Review of the Mental Health Act in Scotland.

The group took part in some activities about benefits to help SCLD to respond to the Scottish Government's consultation on Disability Assistance payments.

Finally the group spoke to some people from the Scottish Government about Supported Decision Making. Supported decision making is about the help and support people get to make decisions about their lives.